

Bikeability Consent Form - Level 1 & 2

Great news! Your school has taken up the opportunity of Bikeability level 1 & 2.

The course starts off-road, then if all outcomes are met, progresses to the **local roads** for Level 2. It helps children learn practical skills and understand how to cycle on today's roads.

To find out more about the training and ensure they are prepared please visit Bikeability.

Bikeability is the Government's national cycle training programme. It gives everyone the confidence to cycle and enjoy this skill for life, however, is not a guarantee of their safety.

What you need to know...

- To take part, the participant needs to be able to ride without stabilisers, pedal one handed, and look behind whilst maintaining a straight line.
- The cycle needs to be in a roadworthy condition and have two working brakes. Parents/carers should check the following prior to training:
 - Saddle/seat height and position
 - Secure handlebar height and position
 - Angle of brake levers and gear shifters
 - Alignment of brakes and adjust brake lever reach
 - Tighten wheels
 - Pump tyres and fix any puncture(s)
- It is your responsibility to ensure the cycle meets the roadworthy requirements. Instructors may adjust the cycle as above, however if they deem it not roadworthy, they may have to discontinue training.
- Instructors reserve the right to stop training if the participants behavior is not acceptable, or if their cycling skills aren't suitable. It's all about keeping the ride safe for everyone.
- They need to be appropriately dressed for the weather and bring a snack and drink in a small rucksack.
- You will need to provide a helmet (not full face), which conforms to EN 1078. Instructors may adjust the helmet if required.









If your child does not have a bike but would still like to take part, please fill in the last page and we will arrange for an ECC funded loan bike and helmet for the duration of the training, subject to availability.

Childs Name:		School Year:		
monitoring of tra	training is subsidi	urses across England the Bik	To support the equal delivery and eability Trust is required to collect org.uk/privacy-statement/ for further details.	
Gender	☐ Female	☐ Male ☐ Othe	r	
Ethnicity Asian – Bangl Asian – India Asian - Any o background Black - Black Mixed - Whit Mixed - Whit Caribbean	n other Asian Caribbean ce and Asian	☐ White - Gypsy/Roma ☐ White - Traveller of Iris Heritage ☐ White British ☐ Any other ethnic group ☐ Asian - Chinese ☐ Asian — Pakistani ☐ Black - Black African ☐ Black - Any other Black background	☐ Mixed - Any other Mixed background ☐ White — Irish ☐ Any other ethnic group ☐ White - Any other White background	
Are there ANY It is the parent might be relev you haven't co whether any as	medical conditions/carers responsible ant whilst cycling. Impleted the informathma inhalers are photographs or vischool, training pr	☐ Yes ☐ None, or additional special eductional special eductional special eduction of the school might not share mation on this form. (Please needed).	nade fully aware of medical issues that the information due to data protection if the let us know if they have asthma and the let us know if they have asthma and the let us know if they have asthma and the let us know if they have asthma and the let us know if they have asthma and the let us know if they have asthma and the let us know if they have asthma and the let us know if they have asthma and the let us know if they have asthma and the let us know if they have asthma and the let us know if they have asthma and the let us know if they have asthma and they have as the let us know if they have asthma and they have as the let us know if they have asthma and they have as the let us know if th	
	,	Are they entitled to free sch	ool meals?	
			-	









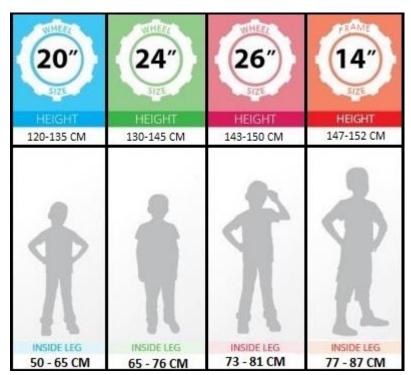
I confirm that I have read all the information and consent to the	above
Signed(parent/guardian):	Date:

If you do not consent to any of the above or they have a specific need, and you have concerns please email cycletraining@essex.gov.uk.

Essex County Council will use your information to provide Bikeability. Your personal information will be shared with the course instructors for the duration of the course. Information will be retained for the duration of eligibility for Bikeability services. For more information regarding your rights and our commitments visit https://www.essex.gov.uk/privacy-environment-and-transport. Essex County Council is not responsible for any injury, or liable for any loss or damage to participants cycles and other belongings.

Bike Loan Form

If they DO NOT HAVE A BIKE but would still like to take part, please fill in this page and return it to your school, with details of the size you require from the size chart below, and we will arrange a loan bike and helmet for the training, SUBJECT TO AVAILABILITY. We have a very limited number of bikes available so please only apply if you do not have access to a bike











Childs Name:
Bike Size Required: □ 20 inch Wheel
☐ 24 inch Wheel
☐ 26 inch Wheel
□ 14 inch Frame





